

Title	Demonstrate knowledge of first aid		
Level	2	Credits	1

Purpose	People credited with this unit standard are able to demonstrate knowledge of basic first aid.
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Classification	Health Studies > First Aid
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Available grade	Achieved
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Entry information	
Critical health and safety prerequisites	Unit 6402, <i>Provide basic life support</i>

Guidance Information

- 1 Assessment**
Practices for first aid (knowledge and skills) must be consistent with the current version of *First Aid as Life Skill* document.

Competence will be demonstrated using different first aid incident scenarios developed by the training provider. At least one of these scenarios must include a situational hazard, and one must include a reduced level of response when the person is breathing normally (singly or in combination).

Accepted practices for first aid include recognising when to call for help, and simple management of condition(s).

The training provider's assessment or incident checklist must make reference to specific information on how each first aid situation and each person's injuries and medical conditions are expected to be managed.

The assessment or incident checklist must cover aspects such as management of injuries and/or medical conditions - what the learner is expected to do in each situation.
- 2 Reference**
Toitū te Waiora. (2022). *First Aid as a Life Skill: Training Requirements for Quality Provision of Unit Standard-based First Aid Training*. Available at: <https://www.toitutewaiora.nz/assets/Uploads/Toitu-te-Waiora-Forms/NZQA-standards/First-Aid-as-a-Life-Skill-Final-draft3.pdf>. (Accessed: 21 October 2022).

Outcomes and performance criteria

Outcome 1

Demonstrate knowledge of first aid.

Performance criteria

1.1 First aid practices are demonstrated in line with the *First Aid as a Life Skill* document.

Range one trauma from – burns, fractures, dislocations, soft tissue injuries, poisoning;
two medical conditions from – heart attack, asthma, stroke, seizure, diabetes.

Planned review date	31 December 2026
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Replacement information	Version 4 of this unit standard, version 4 of unit standard 6400, and version 6 of unit standard 6402 had previously been replaced by unit standard 26551 and unit standard 26552.
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	30 June 1996	31 December 2013
Review	2	22 December 1999	31 December 2013
Revision	3	10 March 2004	31 December 2015
Review	4	9 December 2010	31 December 2019
Rollover	5	17 December 2012	31 December 2019
Review	6	20 August 2015	31 December 2024
Review	7	xxx month 2022	N/A

Consent and Moderation Requirements (CMR) reference	0230
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Toitū te Waiora Qualifications@toitutewaiora.nz if you wish to suggest changes to the content of this unit standard.